

Latrobe-Derry Area Teener League – BAT RULE

All bats used for LDATL league play (including games, practice, and batting cage) must be a baseball bat which meets LDATL's specifications and standards as noted in this rule.

Size: The bat shall not be more than 34 inches in length. The barrel should not be more than 2 5/8" in diameter, not less than 15/16" (7/8" for bats less than 30" in length) at its smallest part.

Barrel: Bats with composite materials in the barrel are illegal for league use, UNLESS the bat is BBCOR (Batted Ball Coefficient of Restitution) Certified. All BBCOR-certified bats have a [-3] length-to-weight differential, and are marked with a BBCOR seal of approval. The certification mark must be a permanent label affixed to the barrel of the bat by the manufacturer; rectangular, with a minimum of a 1/2" on each side and in a contrasting color. Bats with barrels composed entirely of wood, metal, aluminum or alloy (exclusive of the end cap) are NOT required to be BBCOR-compliant. These bats must still meet the size standards noted above.



[A] Barrel: The part of the bat that is conventionally used to hit the baseball.

[B] End Cap: On a non-wood bat, a cap affixed to the end of the barrel. The materials in the end cap are not considered with respect to the moratorium.

[C] Handle: The part of the bat that the batter uses to hold the bat.

[D] Transition Area: The portion of the bat that connects the handle and the barrel. This area is tapered in some fashion to "transition" from the narrow handle to the wider barrel. The materials in the transition area are not considered with respect to the moratorium.

Selecting a Bat: *As when purchasing any piece of sporting equipment, the most important thing you want when purchasing a bat for your child is comfort. Make sure your child is comfortable swinging the bat, if the bat feels too heavy or awkward it could negatively affect your child's hitting mechanics. Most coaches recommend that a player uses the heaviest bat your child can swing comfortably without compromising bat speed. A lighter bat will increase bat speed, but will also coincide with a loss of momentum from the drop in the bat's mass. Also remember that buying a more expensive bat isn't the magic ticket to your child becoming a better hitter. Good hitting starts with good mechanics and the right mental approach, which only come with commitment, practice and repetition.*